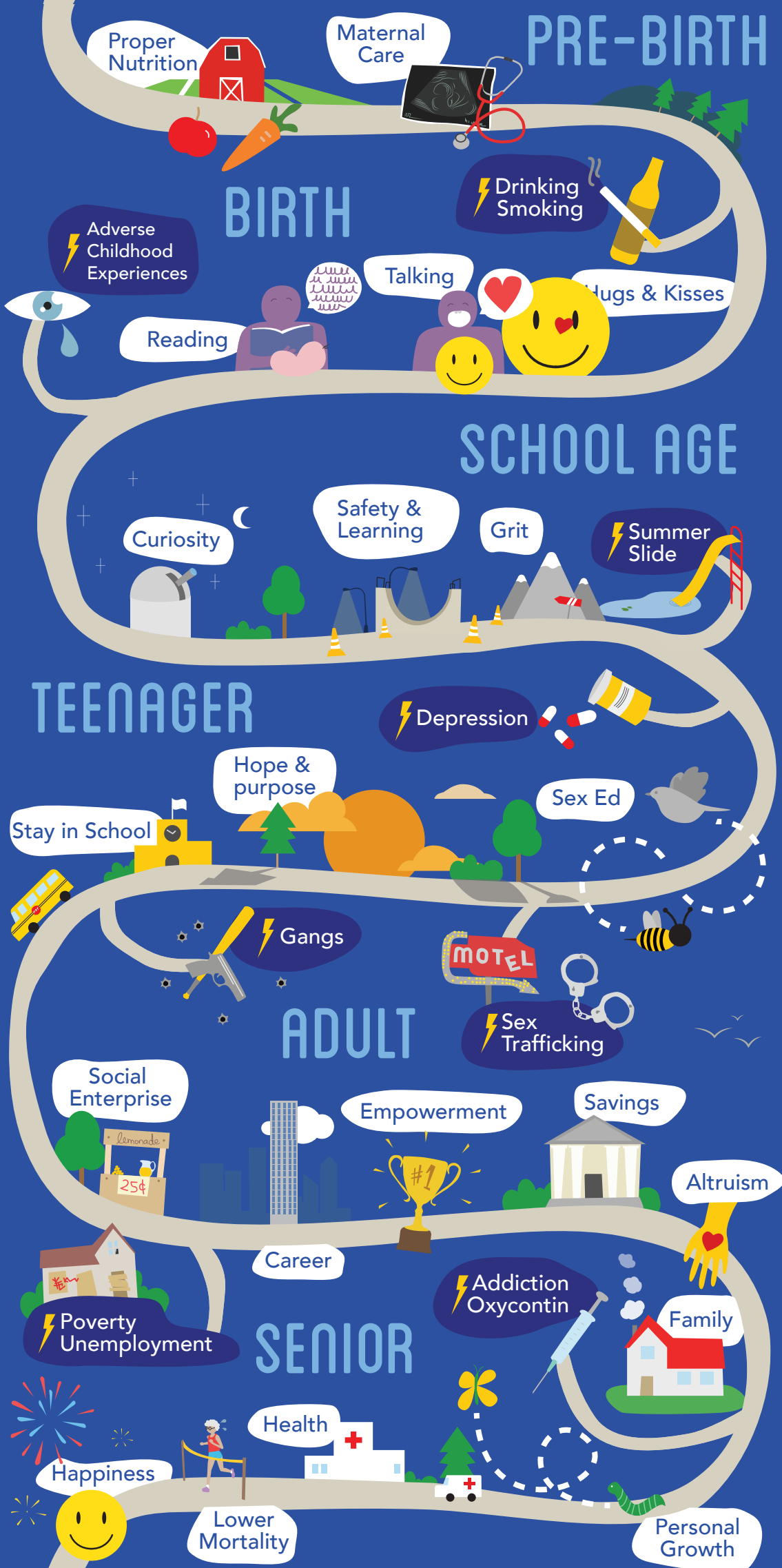


A PATH APPEARS

For the prosperous few to help the perilous many seems an overwhelming task. But pick one cause and help one person, and you can make a difference. Start with a baby, with hugs and kisses, then words and books and watch a small mind expand. Or be a Big Sister to a hardscrabble teenager. **And change a life path.**

THE GREATEST HIGHWAY IN LIFE IS A PATH TO OPPORTUNITY BUT NOT ALL CAN GET ON.



You'll find a secret in life (it's well researched) that some of us now know: helping others makes you happy.

Give a book to mother and child through Reach out and Read. Send a nurse to visit a poor mom with Nurse Family Partnership. Help Healthy Families America steer families clear from traumatic traps. Prevent a child from summer slide through Springboard Collaborative. Or see how Youth Villages can help teenagers climb out of messy lives.

Get engaged, build a groundswell. The greatest gift is opportunity, and we all can give that gift.

For more information, please contact foundation@conagrafoods.com